



Hurden Looker

April 2018
Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| 2 | 3 | 4 | 5 | 6 |
| Spring Recess! School Closed | | | | |
| 9 Cereal Bar with Graham Crackers 100% Fruit Juice | 10 Slice of Banana Bread 100% Fruit Juice | 11 String Cheese with Graham Crackers 100% Fruit Juice | 12 Chocolate Chip Muffin with Cheese Stick 100% Fruit Juice | 13 Apple Cinnamon Muffin with Graham Crackers 100% Fruit Juice |
| 16 Cereal Bar with Graham Crackers 100% Fruit Juice | 17 Slice of Banana Bread 100% Fruit Juice | 18 String Cheese with Graham Crackers 100% Fruit Juice | 19 Chocolate Chip Muffin with Cheese Stick 100% Fruit Juice | 20 Apple Cinnamon Muffin with Graham Crackers 100% Fruit Juice |
| 23 Cereal Bar with Graham Crackers 100% Fruit Juice | 24 Slice of Banana Bread 100% Fruit Juice | 25 String Cheese with Graham Crackers 100% Fruit Juice | 26 Chocolate Chip Muffin with Cheese Stick 100% Fruit Juice | 27 Apple Cinnamon Muffin with Graham Crackers 100% Fruit Juice |
| 30 Cereal Bar with Graham Crackers 100% Fruit Juice | | | | |

Get a Healthy Start to Your Day with School Breakfast!

Student Breakfast
FREE

Adult Breakfast
\$2.65

All Meals Served with Choice of:



Fresh or
Canned Fruit

1% Low Fat Milk



or Fat Free Milk

NUTRITION NEWS:

Eat the Colors of the Rainbow Week

Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!



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MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"