

Hillside Elementary Schools

June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.60
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

Maschio's Swap Outs Available Daily

Assorted Quality Deli Meat & Cheese Sandwiches

Peanut Butter & Jelly Sandwich

PAPA JOHN'S DELIVERIES

APM: 6/7	CC: 6/1
GW: 6/1	HL: 6/8
WOK: 6/12	LB/HS: 6/14

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p>enjoy your Summer Vacation!</p> 				
<p>4 Sliced Turkey with Gravy Dinner Roll Sweet Potato Steamed Vegetables Fresh or Chilled Fruit</p>	<p>5 Popcorn Chicken Buttered Noodles Steamed Vegetables Fresh or Chilled Fruit</p>	<p>6 <i>Lucky Tray Day</i> Creamy Mac & Cheese Soft Pretzel Stick Green Beans Fresh or Chilled Fruit</p>	<p>7 Fajita Chicken Wrap Peppers & Onions Cheddar Cheese Rice with Lettuce, Tomatoes, & Salsa Rice & bean Fresh or Chilled Fruit</p>	<p>1 Bella's Pizza New York Style Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>
<p>11 Hamburger or Cheeseburger on a Bun Oven Baked French Fries Fresh or Chilled Fruit</p>	<p>12 Crispy Chicken Patty On a Bun Steamed Vegetables Fresh or Chilled Fruit</p>	<p>13 Hot Dog On a Bun Baked Vegetarian Beans Steamed Vegetables Fresh or Chilled Fruit</p>	<p>14 Chicken Nuggets Dinner Roll Steamed Vegetables Fresh or Chilled Fruit</p>	<p>8 Mini Cheese Calzones Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>18 Grilled Cheese Sandwich Potato Wedges Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>19 Hamburger or Cheeseburger on a Bun Steamed Vegetables Fresh or Chilled Fruit</p>	<p>20 Creamy Mac & Cheese Dinner Roll Green Beans Fresh or Chilled F</p>	<p>21 Hot Dog On a Bun Baked Steamed Vegetables Oven Baked Fries Fresh or Chilled Fruit</p>	<p>15 School Closed</p>
<p>25 Half Day No Lunch Served</p>	<p>26 Half Day No Lunch Served LAST DAY</p>	<p>27 </p>	<p>28 FUN and SUN </p>	<p>22 Half Day No Lunch Served</p>
				<p>29</p>

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 908-352-7664 ext 8442

Cash, checks, and online payment are accepted.
Online payments can be made at LunchPrepay.com
Please Make Checks Payable To: Hillside Board of Education

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"