



Hillside Elementary

Schools
March 2018
Lunch Menu

NUTRITION NEWS: Celebrate National Nutrition Month® and "Go Further with Food!" The foods we choose can make a real difference in how we think, learn, and play! Here are some tips to "Go Further with Food" this month:

- Make an effort to include a variety of healthy and colorful foods from all the food groups daily!
- Be sure to consume the appropriate portion size. Don't forget to use MyPlate as a guide for choosing the best foods to fuel your body!
- Think outside the box. Discover activities that you look forward to and make yourself a goal to be physically active every day.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.60
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

Maschio's Swap Outs Available Daily

Assorted Quality
Deli Meat & Cheese Sandwiches

Peanut Butter & Jelly Sandwich

PAPA JOHN'S DELIVERIES

APM: 3/13	CC: 3/2
GW: 3/2	HL: 3/9
WOK: 3/16	HS: 3/23

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	<p style="font-size: 2em; color: #4CAF50; font-family: cursive;">Happy Spring!</p>		<p>1 Chicken & Cheese Quesadilla with Shredded Lettuce, Diced Tomatoes, & Salsa Southwestern Corn Fresh or Chilled Fruit</p>	<p>2 Stuffed Crust Pizza Rainbow Garden Salad "Pink Ink Yink" Sorbet</p> <p style="font-size: 0.8em; color: #4CAF50; text-align: center;">Dr. Seuss' Birthday Read Across America</p>
<p>5 Hamburger or Cheeseburger on a Bun Potato Wedges Fresh or Chilled Fruit</p>	<p>6 Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>7 Pasta with Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit</p>	<p>8 Breakfast for Lunch New Recipe! Bacon, Egg, & Cheese on a Croissant Battered French Fries Fresh or Chilled Fruit</p>	<p>9 French Bread Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p style="font-size: 1.5em; color: #4CAF50; font-weight: bold;">I SCHOOL BREAKFAST</p> <p style="font-size: 1.2em; color: #4CAF50; font-weight: bold;">National School Breakfast Week</p>				
<p>12 Crispy Chicken Sandwich Emoji Fries Fresh or Chilled Fruit</p>	<p>13 Taco Tuesday Twin Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>14 Roast Turkey with Gravy Dinner Roll Mashed Potatoes Steamed Carrots Fresh or Chilled Fruit</p>	<p>15 Cheesy Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit</p>	<p>16 Lucky Tray Day New Recipe! Bella's Pizza New York Style Freshly Prepared Caesar Salad Gelatin Fruit Cup</p>
<p>19 Popcorn Chicken Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit</p>	<p>20 Spring Picnic All Beef Hot Dog on a Bun Vegetarian Baked Beans French Fries Fresh or Chilled Fruit <i>1st Day of Spring</i></p>	<p>21 Creamy Mac & Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit</p>	<p>22 Sweet & Sour Chicken with Rice Broccoli Fresh or Chilled Fruit</p>	<p>23 Stuffed Crust Cheese Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit</p>
<p>26 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit</p>	<p>27 Breakfast for Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit</p>	<p>28 Hamburger or Cheeseburger on a Bun Potato Wedges Fresh or Chilled Fruit</p>	<p style="font-size: 1.5em; color: #4CAF50; font-weight: bold;">School Closed</p>	<p style="font-size: 1.5em; color: #4CAF50; font-weight: bold;">School Closed</p>

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-352-7664 ext 8442

Cash, checks, and online payment are accepted.
 Online payments can be made at LunchPrepay.com
Please Make Checks Payable To: Hillside Board of Education



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"