



# Hillside WOK Middle School

December 2017  
Lunch Menu

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch **\$2.85**    Reduced Lunch **\$0.40**    Adult Lunch **\$3.35**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**                      **Yogurt Bag Meal**  
**Fruit & Cheese Platter with Pita**

**Great Grillers**                      **Hamburger or Cheeseburger on a Bun**  
**Chicken Patty on a Bun**

**Deli Central**                      **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

**Harvest Market**                      **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**  
**Featured Daily**



**4**  
**The MAC Burger on a Bun with Thousand Island Dressing, American Cheese, Pickle Slices, and Lettuce**  
Baked French Fries  
Fresh Veggie Dippers  
Fresh or Chilled Fruit

**5 Taco Tuesday**  
**Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes & Salsa**  
Steamed Rice  
Corn  
Fresh or Chilled Fruit

**6**  
**Buffalo Chicken Mac & Cheese**  
Dinner Roll  
Vegetable Medley  
Fresh or Chilled Fruit

**7**  
**Popcorn Chicken**  
Soft Pretzel Stick  
Honey Glazed Carrots  
Fresh Apple

**8**  
**Bella's Pizza**  
**New York Style**  
Freshly Prepared Italian House Salad  
Fresh or Chilled Fruit

**11**  
**All-Natural Beef Hot Dog on a Bun**  
Emoji Fries  
Vegetarian Baked Beans  
Fresh or Chilled Fruit

**12**  
**Nacho Platter with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes & Salsa**  
Corn  
Fresh or Chilled Fruit

**13**  
**Spaghetti with Meat Sauce**  
Garlic Breadstick  
Freshly Prepared Caesar Salad  
Warm Cinnamon Apples

**14**  
**Roasted Chicken**  
Dinner Roll  
Mashed Potatoes  
Green Beans  
Fresh or Chilled Fruit

**15**  
**Papa John's Pizza Day**  
Freshly Prepared Cucumber & Tomato Salad  
Fresh or Chilled Fruit

**18**  
**Chicken Strips with Gravy**  
Steamed Rice  
Vegetable Medley  
Fresh or Chilled Fruit

**19**  
**Hamburger or Cheeseburger on a Bun**  
Potato Wedges  
Fresh or Chilled Fruit

**20**  
**Holiday Meal**  
**Baked Ham**  
Sweet Potatoes  
Green Beans  
Fresh or Chilled Fruit  
Holiday Pretzel

**21**  
**First Day of Winter**  
**Chicken Fajita Wrap with Cheddar Cheese, Lettuce, Tomatoes, & Salsa**  
Steamed Corn  
Fresh or Chilled Fruit

**22**  
**Assorted Pizza Day**  
Fresh Veggie Dippers  
Fresh or Chilled Fruit



Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: (908)352-7664 ext 8442

MENU SUBJECT TO CHANGE

Cash, checks, and online payment are accepted.

Online payments can be made at [LunchPrepay.com](http://LunchPrepay.com)

**Please Make Checks Payable To: Hillside Board of Education**



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