

Monday

Tuesday

Wednesday

Thursday

Friday

Student Lunch **\$2.85** Reduced Lunch **\$0.40** Adult Lunch **\$3.35**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

Fast & Fresh **Yogurt Bag Meal**
Fruit & Cheese Platter with Pita

Great Grillers **Hamburger or Cheeseburger on a Bun**
Chicken Patty on a Bun

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (908)352-7664 ext 8442



Keep your heart happy by choosing healthy options!

		1 Pasta with Meat Sauce Warm Garlic Breadstick Vegetable Medley Fresh or Chilled Fruit		2 Bella's Pizza New York Style Freshly Prepared Three Bean Salad Fresh or Chilled Fruit	
5 Meatless Monday Creamy Mac & Cheese Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit		6 Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit		7 Popcorn Chicken Buttered Noodles Green Beans Fresh or Chilled Fruit	
12 All-Natural Beef Hot Dog on a Bun Baked Beans Fresh Veggie Dippers Fresh or Chilled Fruit		13 Fish Sticks Dinner Roll Vegetable Medley Fresh or Chilled Fruit		14 Valentine's Day Breakfast for Lunch Waffles Breakfast Sausages Tater Tots Fresh or Chilled Fruit	
19 President's Day School Closed		20 Chicken Nuggets Buttered Noodles Sautéed Spinach Fresh or Chilled Fruit		21 Half Day No Lunch Served	
26 Crispy Chicken BLT on a Croissant Fresh Veggie Dippers Fresh or Chilled Fruit		27 Baked Ziti Warm Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit		22 Fajita Chicken & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS!® Tortilla Chips Black Bean Salad Fresh or Chilled Fruit	
		28 Roast Turkey with Gravy Steamed Rice Vegetable Medley Fresh or Chilled Fruit		23 Papa John's Pizza Freshly Prepared Three Bean Salad Fresh or Chilled Fruit	

MENU SUBJECT TO CHANGE

Cash, checks, and online payment are accepted.

Online payments can be made at LunchPrepay.com

Please Make Checks Payable To: Hillside Board of Education



"This institution is an equal opportunity provider"