

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**      **Low Fat Yogurt Meal**  
Fruit & Cheese Platter with Pita Bread

**Great Grillers**      **Hamburger or Cheeseburger on a Bun**  
**Chicken Patty on a Bun**

**Deli Central**      **Made to Order:**  
Assorted Quality Deli Meats and Cheeses on Fresh Rolls and Wraps with a Variety of Fresh Toppings

**Harvest Market**      **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**  
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: (908)352-7664 ext 8442

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 <b>New Year's Day</b>  <b>School Closed</b></p>	<p>2 <b>Chicken Tenders Basket with Soft Pretzel Stick and Tater Tots</b> Fresh or Chilled Fruit</p>	<p>3 <b>Rodeo Burger on a Bun with BBQ Sauce &amp; Onion Rings</b> Oven Baked Fries Fresh or Chilled Fruit</p>	<p>4 <b>National Spaghetti Day</b> <b>Spaghetti Bar</b> Choice of Meatballs &amp; Marinara, Meat Sauce, or Alfredo Sauce Garlic Breadstick Sautéed Green Beans 100% Juice Sorbet Fresh or Chilled Fruit</p>	<p>5 <b>Bella's Pizza New York Style</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>8 <b>Meatball Parm Hero</b> Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>9 <b>New Recipe!</b> <b>Bacon, Chicken, and Cheese Quesadilla with Shredded Lettuce, Diced Tomatoes, &amp; Salsa</b> Southwestern Corn Fresh or Chilled Fruit</p>	<p>10 <b>Popcorn Chicken</b> Buttered Noodles Vegetable Medley Fresh or Chilled Fruit</p>	<p>11 <b>National Milk Day</b> <b>Buffalo Chicken or Creamy Mac &amp; Cheese</b> Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit</p>	<p>12 <b>New Item!</b> <b>Rich's Pizza Crunchers with Marinara Sauce</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>15 <b>Martin Luther King Jr. Day</b>  <b>School Closed</b></p>	<p>16 <b>New Recipe!</b> Recipe For Success Contest Winner  <b>Vincent's Chicken Fajita Fries</b> Soft Pretzel Sticks Black Bean &amp; Corn Salad Fresh or Chilled Fruit</p>	<p>17 <b>Breakfast for Lunch</b> <b>Sausage, Egg, &amp; Cheese on a Croissant</b> Hash Browns Fresh or Chilled Fruit</p>	<p>18 <b>Top Your Own All-Natural Beef Hot Dog on a Bun</b> Assorted Toppings French Fries Fresh Cucumber Dippers Fresh or Chilled Fruit</p>	<p>19 <b>French Bread Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>22 <b>Grilled Ham &amp; Cheese Melt on a Pretzel Bun</b> Tomato Soup Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>23 <b>Taco Tuesday</b> <b>Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b> Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>24 <b>Winter Picnic</b> <b>BBQ Grilled Chicken &amp; Cheddar Cheese Sandwich</b> Country Slaw Baked Beans Fresh or Chilled Fruit</p>	<p>25 <b>Pasta with Meat Sauce</b> Garlic Breadstick Vegetable Medley Fresh or Chilled Fruit</p>	<p>26 <b>Papa John's Pizza</b> Freshly Prepared Cucumber &amp; Tomato Salad Fresh or Chilled Fruit</p>
<p>29 <b>New Recipe!</b> <b>Plain or Buffalo Chicken Cheesesteak Hero</b> Spiral Fries Fresh or Chilled Fruit</p>	<p>30 <b>Breakfast for Lunch</b> <b>Bacon, Egg, &amp; Cheese Sandwich</b> Maple Cinnamon Sweet Potato Tots Strawberry Applesauce Fresh or Chilled Fruit</p>	<p>31 <b>Pasta Alfredo with Chicken and Broccoli</b> Garlic Bread Fresh or Chilled Fruit</p>		

MENU SUBJECT TO CHANGE

Cash, checks, and online payment are accepted.

Online payments can be made at [LunchPrepay.com](http://LunchPrepay.com)

**Please Make Checks Payable To: Hillside Board of Education**



"This institution is an equal opportunity provider"