

Student Lunch \$2.85    Reduced Lunch \$0.40    Adult Lunch \$3.35

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Fast & Fresh**      **Low Fat Yogurt Meal**  
Fruit & Cheese Platter with Pita Bread

**Great Grillers**      **Hamburger or Cheeseburger on a Bun**  
**Chicken Patty on a Bun**

**Deli Central**      **Made to Order:**  
Assorted Quality Deli Meats and Cheeses on Fresh Rolls and Wraps with a Variety of Fresh Toppings


**Harvest Market**      **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**  
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!   

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: (908)352-7664 ext 8442

## The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	3 <b>New Recipe!</b> "Sriracha" Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	4 <b>National Taco Day!</b> Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	5 <b>BBQ Grilled Chicken Sandwich</b> Country Slaw Vegetarian Baked Beans Strawberry Applesauce	6 <b>Personal Pan Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
9 <b>School Closed</b>	10 <b>Meatball Parm Sandwich</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	11 <b>Breakfast for Lunch</b> Bacon, Egg, & Cheese on a Croissant Bun Hash Browns Fresh or Chilled Fruit	12 <b>New Recipe!</b> #Throwback Thursday Buffalo Chicken Mac & Cheese Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	13 <b>Stuffed Crust Pizza</b> Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit
<b>NATIONAL SCHOOL LUNCH WEEK</b>				
16 <b>Crispy Chicken BLT on a Roll</b> Freshly Prepared Creamy Cucumber Salad Fresh or Chilled Fruit	17 <b>Rodeo Burger on a Bun with BBQ Sauce &amp; Onion Rings</b> French Fries Fresh or Chilled Fruit	18 <b>SCOOP-A-BOWL</b> Beef Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! <sup>®</sup> Tortilla Chips Steamed Corn Fresh or Chilled Fruit	19 <b>All Natural Beef Hot Dog on a Bun</b> Vegetarian Beans French Fries Fresh or Chilled Fruit	20 <b>Personal Pan Pizza</b> Locally Grown Veggie Dippers Fresh or Chilled Fruit
23 <b>Papa John's Pizza</b> Fresh Veggie Dippers Fresh or Chilled Fruit	24 <b>New Recipe!</b> Chicken Fried Rice Steamed Vegetables Mandarin Oranges Fresh or Chilled Fruit Fortune Cookie	25 <b>Pasta with Meat Sauce</b> Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 <b>California Chicken Tender Hero with Lettuce, Tomato, &amp; Mayo</b> Freshly Prepared Tomato Salad Fresh or Chilled Fruit	27 <b>Mini Pepperoni Calzones with Marinara Sauce</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
30 <b>Buffalo Popcorn Chicken Basket with Soft Pretzel Sticks &amp; Tater Tots</b> Fresh or Chilled Fruit	31 <b>HALLOWEEN New Recipe!</b> Korean Beef Soft Tacos Asian Slaw 100% Juice Orange Sorbet Fresh or Chilled Fruit	 <p><b>Cook Up your own Recipe for Success during National School Lunch Week!</b> This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>		

MENU SUBJECT TO CHANGE

Cash, checks, and online payment are accepted.

Online payments can be made at [LunchPrepay.com](http://LunchPrepay.com)

Please Make Checks Payable To: Hillside Board of Education



"This institution is an equal opportunity provider"