

# October 2018

## Calvin Coolidge Breakfast

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

- Cinnamon Toast Crunch Cereal Bar with Graham Crackers
- 100% Fruit Juice
- Milk Variety

2

- Blueberry Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

3

- Mozzarella String Cheese with Graham Crackers
- 100% Fruit Juice
- Milk Variety

4

- Slice of Banana Bread with Mozzarella String Cheese
- 100% Fruit Juice
- Milk Variety

5

- Chocolate Chip Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

8

NO  
SCHOOL  
COLUMBUS  
DAY

9

- Blueberry Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

10

- Mozzarella String Cheese with Graham Crackers
- 100% Fruit Juice
- Milk Variety

11

- Slice of Banana Bread with Mozzarella String Cheese
- 100% Fruit Juice
- Milk Variety

12

- Chocolate Chip Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

15

- Cinnamon Toast Crunch Cereal Bar with Graham Crackers
- 100% Fruit Juice
- Milk Variety

16

- Blueberry Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

17

- Mozzarella String Cheese with Graham Crackers
- 100% Fruit Juice
- Milk Variety

18

- Slice of Banana Bread with Mozzarella String Cheese
- 100% Fruit Juice
- Milk Variety

19

- Chocolate Chip Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

22

- Cinnamon Toast Crunch Cereal Bar with Graham Crackers
- 100% Fruit Juice
- Milk Variety

23

- Blueberry Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

24

- Mozzarella String Cheese with Graham Crackers
- 100% Fruit Juice
- Milk Variety

25

- Slice of Banana Bread with Mozzarella String Cheese
- 100% Fruit Juice
- Milk Variety

26

- Chocolate Chip Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

29

- Cinnamon Toast Crunch Cereal Bar with Graham Crackers
- 100% Fruit Juice
- Milk Variety

30

- Blueberry Muffin with Graham Crackers
- 100% Fruit Juice
- Milk Variety

31

- Mozzarella String Cheese with Graham Crackers
- 100% Fruit Juice
- Milk Variety

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: [hillsidek12.nutrislice.com/menu/calvin-coolidge/breakfast/](http://hillsidek12.nutrislice.com/menu/calvin-coolidge/breakfast/)  
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# October 2018

Ca Ivin Coolidge  
Lunch

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

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| <p><b>1</b></p> <ul style="list-style-type: none"> <li>• Hamburger on a Bun or Cheeseburger on a Bun</li> <li>• Potato Wedges</li> <li>• Assorted Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>2</b></p> <ul style="list-style-type: none"> <li>• Breakfast for Lunch Pancakes</li> <li>• Breakfast Sausage</li> <li>• Hash Brown Rounds</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>3</b></p> <ul style="list-style-type: none"> <li>• Papa John's Pizza at APM</li> <li>• Scoop A Bowl, Turk 6-12 '14</li> <li>• Scoop A Bowl, Turk K-8 '14</li> <li>• Steamed Rice</li> <li>• Golden Corn</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>4</b></p> <ul style="list-style-type: none"> <li>• Chicken Tenders</li> <li>• Emoji Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>5</b></p> <ul style="list-style-type: none"> <li>• Papa John's Pizza at CC &amp; GW</li> <li>• Pizza Dippers w/ Marinara</li> <li>• Cucumber &amp; Tomato Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> |
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| <p><b>8</b></p> <p>COLUMBUS DAY NO SCHOOL</p> | <p><b>9</b></p> <ul style="list-style-type: none"> <li>• All-Natural Beef Hot Dog on a Bun</li> <li>• BBQ Baked Beans</li> <li>• Veggie Dippers</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>10</b></p> <ul style="list-style-type: none"> <li>• Macaroni &amp; Cheese</li> <li>• Soft Pretzel Stick</li> <li>• Steamed Broccoli</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>11</b></p> <ul style="list-style-type: none"> <li>• Breaded Chicken Patty on a Bun</li> <li>• Tater Tots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>12</b></p> <ul style="list-style-type: none"> <li>• Papa John's Pizza at HL</li> <li>• Bellas N'Y Style Pizza</li> <li>• Caesar Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> </ul> |
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| <p><b>15</b></p> <ul style="list-style-type: none"> <li>• BBQ Rib on Bun</li> <li>• Vegetable Medley</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>16</b></p> <ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich</li> <li>• Basil Tomato Soup</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>17</b></p> <ul style="list-style-type: none"> <li>• Pasta with Meat Sauce</li> <li>• Garlic Breadstick</li> <li>• Green Beans</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>18</b></p> <ul style="list-style-type: none"> <li>• Cheesesteak Hero</li> <li>• Oven Baked French Fries</li> <li>• Vegetable Medley</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>19</b></p> <ul style="list-style-type: none"> <li>• Papa John's Pizza at WOK</li> <li>• Personal Pan Pizza</li> <li>• Italian House Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> |
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| <p><b>22</b></p> <ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Steamed Rice</li> <li>• Cooked Carrots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>23</b></p> <ul style="list-style-type: none"> <li>• Mozzarella Sticks</li> <li>• Marinara Sauce</li> <li>• Garlic Breadstick</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>24</b></p> <ul style="list-style-type: none"> <li>• Beef Tacos</li> <li>• Salsa</li> <li>• Steamed Rice</li> <li>• Steamed Corn</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>25</b></p> <ul style="list-style-type: none"> <li>• Breakfast for Lunch</li> <li>• Waffle Sticks</li> <li>• Syrup</li> <li>• Breakfast Sausage</li> <li>• Hash Brown Rounds</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>26</b></p> <ul style="list-style-type: none"> <li>• Papa John's Pizza at HS</li> <li>• Stuffed Crust Pizza</li> <li>• Garden Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> |
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| <p><b>29</b></p> <ul style="list-style-type: none"> <li>• All-Natural Beef Hot Dog on a Bun</li> <li>• Emoji Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>30</b></p> <ul style="list-style-type: none"> <li>• Popcorn Chicken</li> <li>• Buttered Noodles</li> <li>• Vegetable Medley</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> | <p><b>31</b></p> <ul style="list-style-type: none"> <li>• Macaroni &amp; Cheese</li> <li>• Soft Pretzel Stick</li> <li>• Steamed Broccoli</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> <li>• Baby Carrots</li> <li>• Light Ranch Dressing</li> </ul> |
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