



# Calvin Coolidge

June 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!

## Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

**Student Breakfast**

**\$0.00**

**Adult Breakfast**

**\$2.65**

**Reduced Breakfast**

**\$0.30**

All Meals Served with Choice of:





Fresh or  
Canned Fruit

1% Low Fat Milk  
or Fat Free Milk



**MASCHIO'S MAIN EVENT**

Monday	Tuesday	Wednesday	Thursday	Friday													
 <b>FUN</b> <i>and</i> <b>SUN</b> 	<b>1</b> <b>Chocolate Chip Muffin with Cheese Stick</b> 100% Fruit Juice	<b>2</b> <b>Apple Cinnamon Muffin with Graham Crackers</b> 100% Fruit Juice	<b>5</b> <b>Cereal Bar with Graham Crackers</b> 100% Fruit Juice	<b>6</b> <b>Slice of Banana Bread</b> 100% Fruit Juice	<b>7</b> <b>String Cheese with Graham Crackers</b> 100% Fruit Juice	<b>8</b> <b>Chocolate Chip Muffin with Cheese Stick</b> 100% Fruit Juice	<b>9</b> <b>Apple Cinnamon Muffin with Graham Crackers</b> 100% Fruit Juice	<b>12</b> <b>Cereal Bar with Graham Crackers</b> 100% Fruit Juice	<b>13</b> <b>Slice of Banana Bread</b> 100% Fruit Juice	<b>14</b> <b>String Cheese with Graham Crackers</b> 100% Fruit Juice	<b>15</b> <b>Chocolate Chip Muffin with Cheese Stick</b> 100% Fruit Juice	<b>16</b> <b>Apple Cinnamon Muffin with Graham Crackers</b> 100% Fruit Juice	<b>19</b> <b>Half Day Cereal Bar with Graham Crackers</b> 100% Fruit Juice	<b>20</b> <b>Half Day Slice of Banana Bread</b> 100% Fruit Juice	<b>21</b> <b>Last Day of School! Half Day String Cheese with Graham Crackers</b> 100% Fruit Juice	<b>22</b>	<b>23</b>

## Nutrition News

### June is National Dairy Month!

Dairy foods help keep our bodies healthy by providing us with nine essential nutrients such as calcium and vitamin D. Vitamin D helps our bodies absorb calcium. Did you know, our bodies can make vitamin D from exposure to sunlight! Calcium and vitamin D make our bones and teeth strong! Aim for three servings of dairy a day (milk, yogurt, or cheese). Don't forget to select a cold low-fat milk with your lunch!



enjoy your

# Summer Vacation!



Check us out on Facebook : Maschio's Food Services, Inc.

MENU SUBJECT TO CHANGE



Please Visit: [www.maschiofood.com](http://www.maschiofood.com)

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