



Calvin Coolidge

June 2018
Breakfast Menu

Monday Tuesday Wednesday Thursday Friday

1



enjoy your
Summer Vacation!

Apple Cinnamon Muffin with Graham Crackers
100% Fruit Juice

4 **Cereal Bar with Graham Crackers**
100% Fruit Juice

5 **Slice of Banana Bread**
100% Fruit Juice

6 **String Cheese with Graham Crackers**
100% Fruit Juice

7 **Chocolate Chip Muffin with Cheese Stick**
100% Fruit Juice

8 **Apple Cinnamon Muffin with Graham Crackers**
100% Fruit Juice

All Meals Served with Choice of:



Fresh or Canned Fruit



1% Low Fat Milk or Fat Free Milk

Student Breakfast

FREE

Adult Breakfast

\$2.65

NUTRITION NEWS:

Did you know June is National Dairy Month? Dairy is important because it contains nine essentials nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

11 **Cereal Bar with Graham Crackers**
100% Fruit Juice

12 **Slice of Banana Bread**
100% Fruit Juice

13 **String Cheese with Graham Crackers**
100% Fruit Juice

14 **Chocolate Chip Muffin with Cheese Stick**
100% Fruit Juice

15 **School Closed**

18 **Cereal Bar with Graham Crackers**
100% Fruit Juice

19 **Slice of Banana Bread**
100% Fruit Juice

20 **String Cheese with Graham Crackers**
100% Fruit Juice

21 **Chocolate Chip Muffin with Cheese Stick**
100% Fruit Juice

22 **Apple Cinnamon Muffin with Graham Crackers**
100% Fruit Juice

25 **Cereal Bar with Graham Crackers**
100% Fruit Juice

26 **Slice of Banana Bread**
100% Fruit Juice

27 **String Cheese with Graham Crackers**
100% Fruit Juice

28 **FUN and SUN**

29 **Apple Cinnamon Muffin with Graham Crackers**
100% Fruit Juice

Connect with us!

Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"

Hillside Elementary Schools

June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.60
 Reduced Lunch \$0.40
 Adult Lunch \$3.35

Maschio's Swap Outs Available Daily

Assorted Quality
 Deli Meat & Cheese Sandwiches

Peanut Butter & Jelly Sandwich

PAPA JOHN'S DELIVERIES

APM: 6/7	CC: 6/1	HL: 6/8	LB/HS: 6/14
GW: 6/1			
WOK: 6/12			

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Monday

Tuesday

Wednesday

Thursday

Friday



enjoy your

Summer Vacation!

1 Bella's Pizza
 New York Style
 Freshly Prepared
 Garden Salad
 Fresh or Chilled Fruit

8 Mini Cheese
 Calzones
 Freshly Prepared
 Caesar Salad
 Fresh or Chilled Fruit

7 **Quick Tray Day!**
Fajita Chicken Wrap
 Peppers & Onions
 Cheddar Cheese Rice
 with Lettuce,
 Tomatoes, & Salsa
 Rice & bean
 Fresh or Chilled Fruit

6 **Quick Tray Day!**
Creamy Mac & Cheese
 Soft Pretzel Stick
 Green Beans
 Fresh or Chilled Fruit

5 **Popcorn Chicken**
 Buttered Noodles
 Steamed Vegetables
 Fresh or Chilled Fruit

4 **Sliced Turkey with Gravy**
 Dinner Roll
 Sweet Potato
 Steamed Vegetables
 Fresh or Chilled Fruit

15 **School Closed**

14 **Chicken Nuggets**
 Dinner Roll
 Steamed Vegetables
 Fresh or Chilled Fruit

13 **Hot Dog On a Bun**
 Baked
 Vegetarian Beans
 Steamed Vegetables
 Fresh or Chilled Fruit

12 **Crispy Chicken Patty On a Bun**
 Steamed Vegetables
 Fresh or Chilled Fruit

11 **Hamburger or Cheeseburger on a Bun**
 Oven Baked
 French Fries
 Fresh or Chilled Fruit

22 **Half Day**
No Lunch Served

21 **Hot Dog On a Bun**
 Baked
 Steamed Vegetables
 Oven Baked Fries
 Fresh or Chilled Fruit

20 **Creamy Mac & Cheese**
 Dinner Roll
 Green Beans
 Fresh or Chilled F

19 **Hamburger or Cheeseburger on a Bun**
 Steamed Vegetables
 Fresh or Chilled Fruit

18 **Grilled Cheese Sandwich**
 Potato Wedges
 Freshly Prepared
 Garden Salad
 Fresh or Chilled Fruit

29 **Half Day**
No Lunch Served

28 **Hot Dog On a Bun**
 Baked
 Steamed Vegetables
 Oven Baked Fries
 Fresh or Chilled Fruit

27 **Half Day**
No Lunch Served

26 **Half Day**
No Lunch Served

25 **Half Day**
No Lunch Served



FUN and SUN

Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 908-352-7664 ext 8442

Cash, checks, and online payment are accepted.
 Online payments can be made at LunchPrepay.com
Please Make Checks Payable To: Hillside Board of Education

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