



Elementary

August 2018 Lunch Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Lunch

\$2.50/\$2.75

Adult Breakfast

\$3.35

take time for
**school
BREAKFAST**



Nutrition News

Celebrate National Nutrition Month! Take the time this month to focus on the experience you have during mealtime. In addition to choosing healthy foods, it is important to create mindful eating habits such as:

- Slowing down to savor each bite
- Eating meals with your family and friends; avoid eating in front of the TV
- Being aware of when you are full

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Crispy Chicken Patty On a roll Smilie Fries Fresh or Chilled Fruit	2 Cheese Pizza Vegetable Medley Fresh or Chilled Fruit	3 No Lunch School Closed
6 Crispy Chicken Tenders Dinner Roll Smilie Fries Fresh or Chilled Fruit	7 Hamburger or Cheeseburger on a Bun Vegetable Medley Fresh or Chilled Fruit	8 Crispy Chicken Patty On a roll Smilie Fries Fresh or Chilled Fruit	9 Cheese Pizza Vegetable Medley Fresh or Chilled Fruit	

MENU SUBJECT TO CHANGE

Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com



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