



Hillside Elementary

Schools
March 2018
Lunch Menu

- NUTRITION NEWS: Celebrate National Nutrition Month®** and "Go Further with Food!" The foods we choose can make a real difference in how we think, learn, and play! Here are some tips to "Go Further with Food" this month:
- Make an effort to include a variety of healthy and colorful foods from all the food groups daily!
 - Be sure to consume the appropriate portion size. Don't forget to use MyPlate as a guide for choosing the best foods to fuel your body!
 - Think outside the box. Discover activities that you look forward to and make yourself a goal to be physically active every day.

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.60
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

Maschio's Swap Outs Available Daily

Assorted Quality
Deli Meat & Cheese Sandwiches

Peanut Butter & Jelly Sandwich

PAPA JOHN'S DELIVERIES

APM: 3/13	CC: 3/2
GW: 3/2	HL: 3/9
WOK: 3/16	HS: 3/23

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
 5 Hamburger or Cheeseburger on a Bun Potato Wedges Fresh or Chilled Fruit	 6 Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	7 Pasta with Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	1 Chicken & Cheese Quesadilla with Shredded Lettuce, Diced Tomatoes, & Salsa Southwestern Corn Fresh or Chilled Fruit	2 Stuffed Crust Pizza Rainbow Garden Salad "Pink Ink Yink" Sorbet <i>Dr. Seuss' Birthday Read Across America</i>
National School Breakfast Week				
12 Crispy Chicken Sandwich Emoji Fries Fresh or Chilled Fruit	13 Taco Tuesday Twin Tacos with Beef Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit	14 Roast Turkey with Gravy Dinner Roll Mashed Potatoes Steamed Carrots Fresh or Chilled Fruit	15 Cheesy Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	16 <i>Lucky Tray Day!</i> New Recipe! Bella's Pizza New York Style Freshly Prepared Caesar Salad Gelatin Fruit Cup
19 Popcorn Chicken Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit	20 Spring Picnic All Beef Hot Dog on a Bun Vegetarian Baked Beans French Fries Fresh or Chilled Fruit <i>1st Day of Spring</i>	21 Creamy Mac & Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	22 Sweet & Sour Chicken with Rice Broccoli Fresh or Chilled Fruit	23 Stuffed Crust Cheese Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
26 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit	27 Breakfast for Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit	28 Hamburger or Cheeseburger on a Bun Potato Wedges Fresh or Chilled Fruit	29 School Closed	30 School Closed

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-352-7664 ext 8442

Cash, checks, and online payment are accepted.
 Online payments can be made at LunchPrepay.com
Please Make Checks Payable To: Hillside Board of Education

MENU SUBJECT TO CHANGE

Food Services, Inc.

"This institution is an equal opportunity provider"