Overview of Harassment, Intimidation and Bullying (HIB)

Definition of HIB

The definition of HIB that applies to the use of this guidance is established at N.J.S.A. 18A:37-14 and is provided below. It is important to note that while the statutory definition of HIB might vary from definitions of bullying provided by program professionals, schools are responsible for the HIB definition at N.J.S.A. 18A:37-14.

The HIB definition below has been separated into component parts for ease of reading and comprehension. Bold type has been added to emphasize selected provisions.

HIB Definition

HIB means any gesture, any written, verbal or physical act, or any electronic communication, whether it be a single incident or a series of incidents, that:

- Is reasonably perceived as being motivated either by an actual or perceived characteristic, such as race, color, religion, ancestry, national origin, gender, sexual orientation, gender identity and expression, or a mental, physical or sensory disability, or by any other distinguishing characteristic;
- Takes place on school property, at any school-sponsored function, or on a school bus; or off school grounds, as provided for in N.J.S.A. 18A:37-15.3;
- Substantially disrupts or interferes with the orderly operation of the school or the rights of other students; and that
- A reasonable person should know, under the circumstances, will have the effect of physically or emotionally harming a student or damaging the student’s property, or placing a student in reasonable fear of physical or emotional harm to his person or damage to his property; or
- Has the effect of insulting or demeaning any student or group of students; or
- Creates a hostile educational environment for the student by interfering with a student’s education or by severely or pervasively causing physical or emotional harm to the student.

HIB Off School Grounds

School districts continue to have the right, but are not required, to impose consequences on a student for conduct away from school grounds consistent with N.J.A.C. 6A:16-7.7, Conduct away from school grounds. The only change in this authority resulting from the ABR is that schools are now required to address HIB occurring off school grounds, when there is a nexus between the HIB and the school (i.e., the HIB substantially disrupts or interferes with the orderly operation of the school or the rights of other students).

Conflict vs. Bullying – Bullying is not a phase young people must endure or outgrow. Bullying is not a conflict between students or among groups of students. Conflict is a mutually competitive or opposing action or engagement, including a disagreement, an argument or a fight which is a normal part of human development.
Bullying is one-sided, where one or more students are victims of one or more person’s aggression, which is intended to physically or emotionally hurt the victim(s).

There generally are four types of bullying behaviors. These behaviors and some examples are identified below:

- **Verbal** – Includes taunting, name calling, malicious teasing or making threats (U.S. Department of Justice, 2001);
- **Psychological** – Includes spreading rumors, purposefully excluding people from activities, breaking up friendships (U.S. Department of Justice, 2001);
- **Physical** – Includes hitting, punching, shoving, spitting or taking personal belongings (U.S. Department of Justice, 2001); and
- **Cyberbullying** – Includes using the Internet, mobile phone or other digital technologies to harm others. (DuPage County Anti-Bullying Model Policy and Best Practices, 2011).

Guidance for Schools on Implementing the Anti-Bullying Bill of Rights Act (P.L.2010, c.122)